

## Global Specialist Physiotherapy - Expert Mentoring Training Induction

Global Specialist Physiotherapy began in 2013. Since that time, we have mentored 100's of physios locally in Perth, Australia, as well as nationally and internationally over online platforms; some for 6 months, others ongoing for multiple years. This has ranged from new and recent graduates, mentees preparing for Masters studies, post-Masters students preparing for Specialist training and clinic owners.

The plan is that have scheduled in regular one-on-one 60-minute sessions, in order to help you become a better mentor to others. Prior to our initial session (ideally at the latest a week before) it's very important that you:

- Relay how many therapists you are overseeing
- Let us know how often you mentor
- Give us an indication as to the level of experience and training they have received
- Consider your own mentoring style/structure, as to how you run the sessions
- Consider clinical areas you would want to develop in, to help pass on this knowledge to mentees
- Consider any specific difficulties you've had mentoring so far

It would also be awesome if you could:

- Identify 5 each of your clinical strengths and potential growth areas and send them through to me prior to our next session together.
- Also have a think about 5 goals you would like to achieve through the mentoring training.

Prior to each session, be prepared to discuss either or a mix of:

- Generalised clinical conversations
- Specific case/s discussion
- Topic discussion
- Research/research article dialogue
- Virtual patient second opinion review

I'm sure the details will get clearer once we get into a routine, however if you want any more information prior to the sessions beginning feel free to email me back. Speak soon

Best regards,

**Mr. Kieran Richardson, FACP**

Specialist Musculoskeletal Physiotherapist

(as conferred by the Australian College of Physiotherapists 2016)

Master of Clinical Physiotherapy

**Director – Global Specialist Physiotherapy**

